



Msgr. Jim Vlaun
Executive Producer
www.religionandrock.com

Dear Friend of “*Religion and Rock*” and our Television shows on *Catholic Faith Network*,

Thanks for promoting our shows and for your help in our communication ministry! The weekly themes for “*Religion and Rock*” are below along with a suggestion for weekly publication in your bulletin or website.

We have included a bulletin announcement which includes our newest affiliate, The Catholic Channel on *Sirius/XM Radio, channel 159*.

Again, a sincere thanks for your longtime support!

Msgr. Jim Vlaun, Host

July 2018

- 1 America
- 8 Vacation & Relaxation
- 15 Having a Positive Attitude
- 22 Volunteering/Giving
- 29 Adjusting in Life

August

- 5 Spirituality
- 12 Accepting Differences
- 19 Moderation
- 26 Being Excited

September

- 2 Labor Day/Work/Laboring for God
- 9 New Beginnings
- 16 Stress
- 23 Autumn Changes
- 30 Prayer

October

- 7 Discovery (Columbus Day)
- 14 Living with Possessions
- 21 Tradition
- 28 Special Days

November

- 4 The Saints in Our Lives
- 11 Family Life
- 18 Thanksgiving
- 25 Responsibility

December

- 2 Sharing Our Gifts
- 9 The Best Presents
- 16 Being Prepared
- 23 Christmas Special
- 30 New Beginnings

SUGGESTED COPY FOR WEEKLY PUBLICATION:

Tune into “*Religion and Rock*” with Msgr. Jim Vlaun on Sunday from 7:00 AM- 8:00 AM on WBAB 102.3 FM or 95.3 FM on Long Island’s East End. Listen on Saturdays at 11:00 PM on *Sirius Radio, Channel 159, the Catholic Channel* and at 11:00 PM on XM Satellite, Channel 117. Next Sunday’s theme is _____, don’t miss it! To listen online or receive more information regarding *Religion and Rock* go to www.ReligionandRock.com, or at “*Religion & Rock*” on ITUNES.

Don’t forget to tune into the Catholic Faith Network, Cablevision 29, Verizon FIOS 296 or Time Warner 471 or visit www.cfntv.org

To receive this announcement electronically, please email aayroso@cfntv.org

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