



Msgr. Jim Vlaun
Executive Producer
www.religionandrock.com

Dear Friend of “*Religion and Rock*” and our Television shows on *Telecare*,

Thanks for promoting our shows and for your help in our communication ministry! The weekly themes for “*Religion and Rock*” are below along with a suggestion for weekly publication in your bulletin or website.

We have included a bulletin announcement which includes our newest affiliate, The Catholic Channel on *Sirius/XM Radio, channel 159*.

Again, a sincere thanks for your longtime support!

Msgr. Jim Vlaun, Host

July 2018

- 1 America**
- 8 Vacation & Relaxation**
- 15 Having a Positive Attitude**
- 22 Volunteering/Giving**
- 29 Adjusting in Life**

August

- 5 Spirituality**
- 12 Accepting Differences**
- 19 Moderation**
- 26 Being Excited**

September

- 2 Labor Day/Work/Laboring for God**
- 9 New Beginnings**
- 16 Stress**
- 23 Autumn Changes**
- 30 Prayer**

October

- 7 Discovery (Columbus Day)**
- 14 Living with Possessions**
- 21 Tradition**
- 28 Special Days**

November

- 4 The Saints in Our Lives**
- 11 Family Life**
- 18 Thanksgiving**
- 25 Responsibility**

December

- 2 Sharing Our Gifts**
- 9 The Best Presents**
- 16 Being Prepared**
- 23 Christmas Special**
- 30 New Beginnings**

SUGGESTED COPY FOR WEEKLY PUBLICATION:

Tune into “*Religion and Rock*” with Msgr. Jim Vlaun on Sunday from 7:00 AM- 8:00 AM on WBAB 102.3 FM or 95.3 FM on Long Island’s East End. Listen on Saturdays at 11:00 PM on *Sirius Radio, Channel 159, the Catholic Channel* and at 11:00 PM on XM Satellite, Channel 117. Next Sunday’s theme is _____, don’t miss it! To listen online or receive more information regarding *Religion and Rock* go to www.ReligionandRock.com, or at “*Religion & Rock*” on ITUNES.

Don’t forget to tune into TELECARE, Cablevision 29, Verizon FIOS 296 or Time Warner 471 or visit www.TelecareTv.org for the Best Catholic Television!

To receive this announcement electronically, please email aayroso@telecaretv.org

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